



THE RESTAURANT AT
GAIA HOTEL & RESERVE

La Luna

The Restaurant At Gaia Hotel & Reserve

Vegan Menu

Salads, Soups & Appetizers

Russian Salad

This recipe is traditional in the north of “Cartago”, it served in a shell of rice paper, and prepared with mayonnaise vegan (no eggs) \$5.00

Vegetable Soup With Curry and Ginger

This is the result of a traditional Caribbean recipe, made with curry, ginger, coconut milk and rice noodles \$7.00

Grilled Vegetable With Chia & Mustard Dressing

A delicious blend of broccoli, eggplant, sweet pepper, onion & potato, prepared with olive oil and served with mustard dressing with chia.
\$7.00

Mango Tartar With Avocado

A delicious recipe made with finely chopped ripe mango with avocado, tomato and spices \$7.00

Main Courses

Pineapple Curry

South Caribbean recipe, made with pineapple & curry, accompanied by beet salad & Basmati Rice \$10.00

13% Sales Tax and 10% Service Charge will be added to your bill

Mango Chutney

A delicious ripe mango chutney Prepared with onions and white wine, served over basmati rice and accompanied with breaded tofu cheese \$12.00

Pasta with Beetroot sSuce and Tofu cheese

This recipe is prepared with rice noodles and beetroot sauce, on a base of coconut milk and rice, served with tofu cheese \$9.00

Pasta with Broccoli and Almond Sauce

This succulent dish is prepared in a base of tender broccoli, coconut milk, almonds and species \$8.00

Vegetable Pasta With Fresh Mushrooms and Portobello

This recipe has a lot of influence from different cultures, is prepared with portobello and fresh mushrooms, peas, carrots, broccoli, sweet pepper and red onion in a soy sauce \$12.00

Desserts

Ice Cream

Coconut,
\$5.00

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